



This is Afterschool in Massachusetts

“Afterschool programs created so many opportunities for me, and I love the valuable mentorship I have had and the connections I made. Afterschool programs taught me the importance of goals and my dreams.”







“From my experience as a military child, I really had to struggle with the difficulty of trying to be myself. ... Having an afterschool program can get kids out of their comfort zone and [help them] make new friends. Meeting people in these programs not only feels great but also allows students to show their true self.”


These student quotes are a small sampling of the invaluable supports and experiences afterschool programs are providing young people—from creating a safe space where they can connect with caring adults to helping them build the skills to reach their full potential.

However, in Massachusetts, for every child in an afterschool program, 3 more would participate and are missing out, despite strong public support for afterschool. A national fall 2022 survey found that approximately 8 in 10 registered voters said that afterschool programs are an absolute necessity for their community (79%) and want their federal, state, and local leaders to provide more funding for programs (80%).

AFTERSCHOOL PROGRAMS ACCELERATE STUDENTS’ ACADEMIC GROWTH AND SUPPORT THEIR WELL-BEING

Among Massachusetts students in afterschool programs:

-  **70%** are getting homework help
-  **86%** are interacting with their peers and building social skills
-  **77%** are engaging in STEM learning opportunities
-  **81%** are building confidence
-  **85%** are taking part in physical activities
-  **70%** are learning responsible decision-making

 **94%** of Massachusetts parents are satisfied with their child’s afterschool program

EVIDENCE OF AFTERSCHOOL’S IMPACT ON STUDENTS’ WELL-BEING

Only 10 states* have included questions regarding participation in afterschool programs in their state Youth Risk Behavior Survey (YRBS), conducted as a part of an effort by the U.S. Centers for Disease Control and Prevention. However, these additional questions have produced findings demonstrating positive correlations between participation in afterschool programs and young people’s mental and physical health. For example:

ALASKA Students participating in afterschool programs at least two days a week were 18% less likely to use alcohol, 39% less likely to use marijuana, and 28% less likely to have an unexcused absence.

VERMONT High schoolers who participated in at least one hour of afterschool activities were less likely than their non-participating peers to report carrying a weapon or report being threatened or injured by a weapon on school property.

WISCONSIN Students involved in at least one hour of extracurricular activities report lower rates of anxiety, depression, and suicidal thoughts.**


*AK, CT, MI, MN, NM, OH, VT, VI, WA, WI


**The Wisconsin YRBS question in the middle school questionnaire asked, “During an average week when you are in school, how many total hours do you participate in school activities such as sports, band, drama, or clubs” and the high school questionnaire asked, “Do you participate in any school activities, such as sports, band, drama, or clubs?”

Studies have shown that students regularly participating in quality afterschool programs attend school more often, are more engaged in school, get better grades, and are more likely to be promoted to the next grade. A 2022 evaluation of the 21st CCLC programs in Massachusetts by the Massachusetts Department of Elementary and Secondary Education and the National Institute on Out-of-School Time at Wellesley College found that attendees showed growth in social-emotional learning skills and academic performance. More than one-third of attendees improved their ELA scores (35%) and one quarter improved their math scores (25%). According to teacher surveys, the majority of youth who participated in programming showed growth in perseverance (83%), effective communication skills (67%), self-regulation (66%), and ability to think critically (56%). A majority of students also saw a positive change in their relationships with peers (58%) and adults (57%). The evaluators wrote that the, "...data indicates that 21st CCLC programs may help reduce opportunity and achievement gaps as well as contribute to decreasing high school drop [out] rates."

AFTERSCHOOL PROGRAMS SUPPORT WORKING FAMILIES

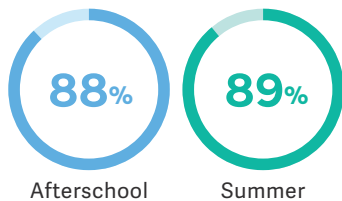
Massachusetts parents agree that afterschool programs:

 **80%** are helping working parents keep their jobs

 **86%** are providing working parents peace of mind knowing that their children are safe

AFTERSCHOOL PROGRAMS ARE A SMART INVESTMENT

An overwhelming majority of Massachusetts parents favor public funding for afterschool and summer learning programs.



Research spanning several states shows that **every \$1 invested** in afterschool programs **saves at least \$3** by:

- ✓ Increasing kids' earning potential as adults
- ✓ Improving kids' performance at school
- ✓ Reducing crime and juvenile delinquency

21st Century Community Learning Centers

21st Century Community Learning Centers (21st CCLC) are local before-school, afterschool, and summer learning programs that serve students attending high-poverty, low-performing schools. These programs engage students in hands-on learning activities aimed at supporting their academic growth, provide a variety of enrichment activities to complement school-day learning, and offer educational and support services to the families of participating children. The 2022 Department of Education annual performance report of 21st CCLC found that among regular participants in need of improvement:

- ✓ **NEARLY 1 IN 2** improved their language arts or math grades
- ✓ **NEARLY MORE THAN 3 IN 5** improved their behavior in class

- ✓ **NEARLY 7 IN 10** improved their homework completion and class participation

In Massachusetts, 17,500 children in 135 communities take part in a 21st Century Community Learning Center. 21st CCLC grants are the only dedicated federal funding sources that support local communities' afterschool and summer programs. Demand for programming in Massachusetts is so great that nearly 2 out of every 5 applications were not funded during the most recent competition.

AMERICAN RESCUE PLAN FUNDING IS HELPING INCREASE ACCESS TO AFTERSCHOOL AND SUMMER PROGRAMS

A spring 2023 survey of afterschool and summer program providers found that while less than 1 in 5 providers (17%) report that they have received COVID-relief funding, those with this funding stream have been able to use it to keep their doors open and increase access to their program. Programs report that they have been able to bolster staff recruitment efforts (47%), hire more staff (44%) and serve more students (44%), expand program offerings (38%), and offer new summer programs (18%).

Funds from American Rescue Plan (ARP) continue to present a tremendous opportunity to help increase access to afterschool and summer programs. For example, in Massachusetts, the Department of Elementary and Secondary Education chose nonprofits in seven regions to facilitate the Afterschool and Out-of-School Time Rebound (ASOST-R) grant that is funded through ARP Elementary and Secondary School Emergency Relief (ESSER) funds. Boston After School & Beyond, one of the seven subgrantee organizations, awarded \$2 million to 68 programs, supporting more than 7,000 students in total. All programs who received funding met the criteria of serving students at least three days a week, measuring program performance, and focusing on improving students' skills. One of the programs to receive funding is Piers Park Sailing Center, which has afterschool and summer programming teaching students to sail and learn about marine science. As a result of the funding, the program has been able to hire more staff and expand programming to more students to meet the increased demand they are experiencing.

